



Alpha 3 Ship's Log

For the Vessel

Mersault

Her Captain:

Luka

Her Mate:

Melissa

Her Faithful Crew:

Alex

Lora

Garrett

Annabelle

Celia

Jared

Ben

Lauren

Ellie



C A3 Meursault - Luxa Naisine



Full Value Contract



shaking
 killing
 Negative
 Regrets
 Inverted
 bad vibes
 laziness
 bad mindsets
 passive aggressives
 bad mindsets
 Kindness
 Respect
 Calmness
 open-minded
 give a helping hand
 honesty
 working together
 compassionate

Motivation to Achieve

Inclusivity

Indecision

Uncertainty

Jim Campbell
 Don Klein
 Jason
 Yogen
 Halley
 Kaitlyn
 Hannah

VIVALDI PP Laurie

EXAMPLE PAGE

Captain of the Day: Alex Navigator: Mark Mate: Kristen
 Port of Departure: Soper's Hole, Tortola Final Destination: Little Harbor, Jost Van Dyke
 WP1: Soper's Lat: 18°23'3"N Long: 64°42'W Course: Distance:
 WP2: Thatch Is. Lat: 18°23.5N Long: 64°43'7"W Course: 283° Distance: 1.1
 WP3: Little Harbour Lat: 18°26.0N Long: 64°43'55"W Course: 005° Distance: 2.7
 WP4: Mooring Field Lat: 18°26.5N Long: 64°44'W Course: 345° Distance: 0.4
 Total Distance: 4.5NM ÷ Average Speed of 6 knots = .075 (Estimated Sailing Hours)
 Pre-departure Checks Completed: YES Time of Departure: 10:30AM Time of Arrival: 12 PM
 Weather, Wind, and Sea Conditions: sunny, 15 kts, gusty, 2ft seas

Events and Highlights of the Day The day began with Kristen, the mate of
the day, playing everyone's favorite Irish jig. We all got up
pretty quickly this morning because we were excited to practice
our jibes on the way to Little Harbor. Plus, we had heard that
the beach on Sandy Cay was beautiful! Jen and Heather made an
awesome egg and cheese casserole for breakfast. After that we
got underway and Will and Eric taught a hilarious lesson on
Bernoulli's Principle. We thought the exciting part of our sail was
over, but a pod of dolphins came up at the end and escorted us
into the harbor! And as for the beach, it was even
more BEAUTIFUL than everyone had said.

Curriculum Covered: (Sailing and True Course)
<u>Winch Safety</u>
<u>Bernoulli's</u>
<u>Jibing Drills</u>

Today our crew did a great job of winch safety and working together

We need to work on being on time and not interrupting

Quote of the Day:

"You've got nothing to lose except your lunch."--Sam

Miracle Moment:

When the dolphins played follow the leader with us. - Kristen

Need more room?

No problem...use the back of this page! Drawings are welcome too.
 And don't forget to write about watersports, scuba diving, marine bio & community service!

Captain of the Day: Garrett Navigator: CB Mate: _____
 Port of Departure: Hodges Final Destination: Cooper Island
 WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)
 Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____
 Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day Today at 6:00am Garrett woke up
everybody up at the wrong time. Then we went sailing after
our long lesson by Luka. The party & de docking successful. It rained
alot on the way. Got to cooper's Island at about 1:30. We
wat swimming while the dives went down, the water was
luciously warm then we sunbathed and listened to music. Dinner
was burritos cooked up. very well. Our first salt water showers
were strange and we're not sure if they worked

Curriculum Covered:
 (Sailing and True Course)

Today our crew did a great job of Communicated & working
 We need to work on more updates and commands for mooring

Quote of the Day: "Cover your Tails!" "It's 6:00, everybody wake up!" or "I have set on my ^{supple}"
 Miracle Moment: "Stalking people at other boats"

Captain of the Day: Annabelle Navigator: Garret Mate: Lauren
 Port of Departure: Cooper Island Final Destination: Cooper Island
 WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)
 Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____
 Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day Today after sailing we
went down to shore and garret showed
us all his "side flip" then ended up
falling on his back. Later Alex & Ben
paddled went on the paddel boards and
we did some people watching "I lost
my wallet." At the end of the day
we helped a camper out so he
wasn't homesick # we ~~love~~ love danny.
Danny fits in like a glove.
~~at we fit into the other boat~~

Curriculum Covered:
 (Sailing and True Course)

Today our crew did a great job of working together
 We need to work on staying on task

Quote of the Day: "what's a boat"

Miracle Moment: when Luca told us we had fruit loops

Captain of the Day: Ben Klein Navigator: Annabelle Mate: Jaren
 Port of Departure: Koopers Final Destination: The bite at Norman Island
 WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)
 Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____
 Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day We woke up to the boat beeping. The divers went diving. Then we dropped the ball. We then motored into the channel and raised our sails. We learned to fix tack and points of sails. Halfway through, everybody fell asleep. After dropping our sails we arrived at the bite. People went diving while others went snorkeling. In the afternoon we were supposed to go for a hike but was canceled because of the partying Porto Ricans. After showers we chilled and waited for our Jerk Chicken. It was good even though they sent different according to plan. The way to cook the chicken was misconstructed.

Curriculum Covered:
 (Sailing and True Course)

Today our crew did a great job of _____
 We need to work on _____

Quote of the Day:
"Oh, those were plantains!"
 Miracle Moment: "When Ben realized he ate a plantain not a banana"

Captain of the Day: Alex Navigator: Jared Mate: Elle

Port of Departure: _____ Final Destination: _____

WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)

Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____

Weather, Wind, and Sea Conditions: _____

(Little harbor)

Events and Highlights of the Day Today started out ~~with the~~ at 8 o'clock.

Breakfast was followed by a quick sail to Puerto Rico. Unfortunately, ~~the~~ the puerto ricans were occupying the land. Instead we went to Peter Island. When we got to Peter Island, we went tubing and did other water sports. When we got hungry, we made rice crispy treats with marshmallows, which Luca ruined with ~~some~~ coconut milk. Then we played werewolf, ~~which~~ ^{which} ~~was~~ ^{very} conspicuously checked on the rice crispy's.

Curriculum Covered:
(Sailing and True Course)

Today our crew did a great job of _____

We need to work on _____

Quote of the Day: "Wait, ~~are~~ are we in Puerto Rico?"
"I sucked it in, and it got stuck on my little daughter!"
Miracle Moment: Ben being overkilled in werewolf
Ben clearing up the spaghetti.

Date: _____

Captain of the Day: Lana Navigator: Alex Mate: C+B

Port of Departure: _____ Final Destination: _____

WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)

Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____

Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day The day started at 7:00, then we sailed to scrub island & did a deep clean of the boat so we could get our phones back. Then we had free time on scrub & everyone got food from the shops. After the girls all went & were looking at tarpon for a long time then we all came back & ate loaded lunches & the played a game of leafy f. & the hunter shot lunch with a musket

Curriculum Covered:
(Sailing and True Course)

Today our crew did a great job of _____

We need to work on Focusing

Quote of the Day: Do you enjoy the family your in - Ben

Miracle Moment: land showers & land Poops

Date: _____

Captain of the Day: Lauren Navigator: Lana Mate: Garrett

Port of Departure: _____ Final Destination: _____

WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)

Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____

Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day Today we dedocked from
Scrub Island and had a hectic sail

to Cane Garden Bay on Tortola. We
had time to FAF¹ and had "cheese-

infused" mac + cheese for lunch made
by Ben. Then ~~was~~ all the boats met

up for a social with Mega Fleet
on shore. Then at boat meeting we ate all

Ben scared me with his bellybutton
since I have a phobia of

them.

our good
snacks and
spilled an
entire jar of
salsa while
sailing.

Curriculum Covered:
(Sailing and True Course)

Today our crew did a great job of working together

We need to work on communication

Quote of the Day: "im on cockpit" *spills salsa*
"BEN YOU'RE NOT SUPPOSED TO POUR CHEESE IN THE POT"

Miracle Moment:
when we successfully cleaned the
salsa mid sail.

Captain of the Day: Jared Navigator: Anabelle Mate: Lauren

Port of Departure: _____ Final Destination: _____

WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)

Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____

Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day Today, Meursault's crew woke up -approximately ten minutes late because my watch did not wake me up. This didn't make a large difference in the end because the Royal Navy Auxiliary was late. For the rest of the day, we snorkeled and picked up trash. ~~After this, we went to the beach and had ice cream.~~ After this, we went to the beach and had ice cream. On the way back to the boat, CB said "if I fall off the dock, I'll die". Contradicting what she said, she did not die. Ellie ended up falling off the dock as well. For the rest of the day, we relaxed and bonded as a boat.

Curriculum Covered:
(Sailing and True Course)

Today our crew did a great job of _____

We need to work on _____

Quote of the Day: "If I fall off the dock, I'll die"
-CB. "It's sad that I know..." "Said that you know he has funny ass cheeks" has

Miracle Moment: Ellie took a poop.

Need more room?

No problem...use the back of this page! Drawings are welcome too.

And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: _____

Captain of the Day: Ellie Navigator: Ben Mate: Garrett

Port of Departure: _____ Final Destination: _____

WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)

Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____

Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day Today meursault's crew woke up to pancakes made by Ellie and CB. We then continued our morning at the dock nearby filling our water tanks because of Ben leaving the sink on all night. We then began our race day sail at 9:30AM and ended it at 3:30PM. The ~~hour~~ hour sail exhausted the crew. After the long sail, we swam and planned for the meeting of "Gordon Ramsay" which was later proven to be a joke but was still amusing despite. The end.

Curriculum Covered:
(Sailing and True Course)

Today our crew did a great job of _____

We need to work on _____

Quote of the Day: "Smells like race day!"

Miracle Moment: - When the boys head got un-clogged
- when Ellie and Ben did the cinnamon challenge

Need more room? No problem...use the back of this page! Drawings are welcome too. And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: 8/1/78

Captain of the Day: CB Navigator: Ellie Mate: Alex
 Port of Departure: Mountain Point Final Destination: Leveriers Bay
 WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)
 Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____
 Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day today I woke up late and
woke up Luka and Melissa so they would think
I woke everyone else up. ~~We almost crashed~~
~~into Tonga after we raised our anchor and~~
I also didn't know ~~any of the~~ answers to
the questions Luka asked, that was not
good. After that we tacked and it went
really well but I lowkey wanted to cry.
After that we practiced man overboard and we
failed multiple times, so thats probably not
great either. After sailing we did an amazing
job docking and I was very proud of us,
then we had some pizza after.

stopping and showering, Ben requested
"fireworks" for Karaoke so that was
interesting. Overall, it was interesting.

Curriculum Covered:
 (Sailing and True Course)

Today our crew did a great job of getting things done
 We need to work on communication

Quote of the Day:
"my IQ is like time... slow."

Miracle Moment:
When CB didn't crash the boat and when we
docked.

Date: _____

Captain of the Day: Garrett Navigator: CB Mate: Lana

Port of Departure: _____ Final Destination: Manua Cay

WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)

Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____

Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day Today the Skipper, Navigator, and Mate
woke up @ 6:50 am to go to the staff boat for a New meeting.
Since it was challenge day Luke, and Melissa could not help
during the day. The crew only had 3 questions to ask but were
idiotically used by certain members. After a relatively smooth
dedocking we went the wrong way for a long time. The correction
was soon made and we reached Manua Cay safely. Shortly after we
took our Mooring took longer than expected but after multiple
attempts we finished. The day went through smoothly. Later on we
took our crew tests.

Curriculum Covered:
(Sailing and True Course)

Today our crew did a great job of Working together

We need to work on Communication

Quote of the Day: "Cow cow sailed" "Are you driving home"
"Cover your toes"

Miracle Moment: Challenge Day

Date: 8/3/18

Captain of the Day: annabelle Navigator: garrett Mate: lauren

Port of Departure: _____ Final Destination: _____

WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)

Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____

Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day Today we woke up
@ 7 and then motored down
to long bay and anchored. later
we did the olympics and watched
everyone struggle as ^{they} put on ben's
flippers. We did a dance in the
water w/ our boat as we sang
ooga chach and Loha popped up
in the middle. Then we ended the
day w/ all the girls eating cherios
on the bow, and spilling
it everywhere.

Curriculum Covered: (Sailing and True Course)

Today our crew did a great job of working together

We need to work on _____

Quote of the Day:	<u>"china number one"</u>
Miracle Moment:	<u>when we saw anton</u>

Captain of the Day: Jared Navigator: Annabelle Mate: Ben
 Port of Departure: Long Bay Final Destination: Hodges Creek Marina
 WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)
 Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____
 Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day The crew woke up to the
sounds of the engine because we needed to motor
to the baths. We then had amazing pancakes made
by CB & Ellie. After breakfast, we swam a long
distance to the baths, then explored them. We then
snorkled around the island, but it was ~~such~~ a long swim
and no one brought their fins or masks. After nearly
drowning, we jumped off a rock, then Luka came to
our rescue ~~in the~~ and picked us up in the
dinghy. Unfortunately, Alex had to swim the whole way back.
We then ~~returned~~ ~~to~~ ~~the~~ motored to Fat Hogs Bay,
fueled up, then motored to Cooper and deep cleaned the
boat. After a long day, we headed to Hodges, got
inspected, got our phones, ate dinner, and
performed our skits.

Curriculum Covered:
 (Sailing and True Course)

Today our crew did a great job of _____
 We need to work on _____

Quote of the Day:
"I dropped the fender..." "Are you serious?"
-Ben & Luka.
 Miracle Moment: When Ben didn't drown.