



# Alpha 3 Ship's Log

For the Vessel

*Mersault*

Her Captain:

*Luka*

Her Mate:

*Melissa*

Her Faithful Crew:

*Alex*

*Lara*

*Garrett*

*Angabelle*

*Celia*

*Tareed*

*Ben*

*Lauren*

*Ellie*





C A3 Meursault - Luxa Waisne



# Full Value Contract



shakiness  
passive aggressiveness  
bad mindset  
patience  
kindness  
Integrity  
open-minded  
working together  
compassion

Motivation to  
Perceive

indecision



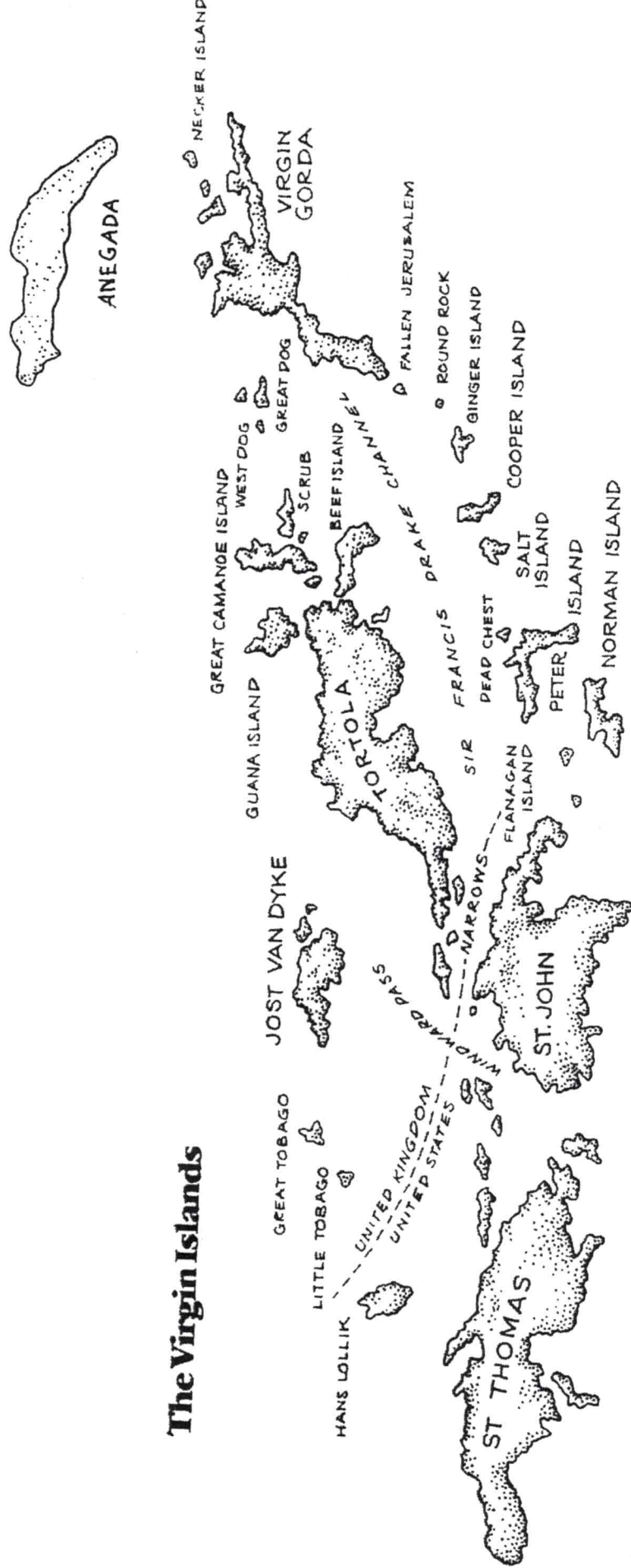
uncertainty

inclusivity

VIVALDI  
PP  
Laurie

Don't  
Hillard  
Yogan  
San Wain  
Jim Campbell  
Lilac

# The Virgin Islands





**EXAMPLE PAGE**

Captain of the Day: Alex Navigator: Mark Mate: Kristen  
 Port of Departure: Soper's Hole, Tortola Final Destination: Little Harbor, Jost Van Dyke  
 WP1: Soper's Lat: 18°23'3"N Long: 64°42'W Course:  Distance:   
 WP2: Thatch Is. Lat: 18°23.5N Long: 64°43'7"W Course: 283° Distance: 1.1  
 WP3: Little Harbour Lat: 18°26.0N Long: 64°43'55"W Course: 005° Distance: 2.7  
 WP4: Mooring Field Lat: 18°26.5N Long: 64°44'W Course: 345° Distance: 0.4  
 Total Distance: 4.5NM ÷ Average Speed of 6 knots = .075 (Estimated Sailing Hours)  
 Pre-departure Checks Completed: YES Time of Departure: 10:30AM Time of Arrival: 12 PM  
 Weather, Wind, and Sea Conditions: sunny, 15 kts, gusty, 2ft seas

Events and Highlights of the Day The day began with Kristen, the mate of the day, playing everyone's favorite Irish jig. We all got up pretty quickly this morning because we were excited to practice our jibes on the way to Little Harbor. Plus, we had heard that the beach on Sandy Cay was beautiful! Jen and Heather made an awesome egg and cheese casserole for breakfast. After that we got underway and Will and Eric taught a hilarious lesson on Bernoulli's Principle. We thought the exciting part of our sail was over, but a pod of dolphins came up at the end and escorted us into the harbor! And as for the beach, it was even more BEAUTIFUL than everyone had said.

Curriculum Covered:  
 (Sailing and True Course)  
Winch Safety  
Bernoulli's  
Jibing Drills

Today our crew did a great job of winch safety and working together

We need to work on being on time and not interrupting

Quote of the Day:

**"You've got nothing to lose except your lunch."--Sam**

Miracle Moment:

**When the dolphins played follow the leader with us. - Kristen**

Need more room?

No problem...use the back of this page! Drawings are welcome too.  
 And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: \_\_\_\_\_

Captain of the Day: Garrett Navigator: CB Mate: \_\_\_\_\_  
Port of Departure: Hodges Final Destination: Cooper Island  
WP1: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP2: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP3: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP4: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
Total Distance: \_\_\_\_\_ ÷ Average Speed of 6 knots = \_\_\_\_\_ (Estimated Sailing Hours)  
Pre-departure Checks Completed: \_\_\_\_\_ Time of Departure: \_\_\_\_\_ Time of Arrival: \_\_\_\_\_  
Weather, Wind, and Sea Conditions: \_\_\_\_\_

Events and Highlights of the Day Today at 6:00am Garrett woke up  
everybody up at the wrong time. Then we went sailing after  
our long lesson by Luka. The party & de docking successful. It rained  
a lot on the way. Got to Cooper Island at about 1:30. We  
wat swimming while the dines went diving. the water was  
luciously warm. then we sunbathed and listened to music. Dinner  
was burritos cooked up. very well. Our first salt water showers  
were strange and we're not sure if they worked

Curriculum Covered:  
(Sailing and True Course)

Today our crew did a great job of Communicated & working  
We need to work on more updates and commands for mooring

Quote of the Day: "Cover Your Tails!" "It's 6:00, everybody wake up!" or "I have sat on my rump!"

Miracle Moment: "Stalking people at other boats"

Need more room?

No problem...use the back of this page! Drawings are welcome too.  
And don't forget to write about watersports, scuba diving, marine bio & community service!

Captain of the Day: Annabelle Navigator: Garret Mate: Lauren  
 Port of Departure: Cooper Island Final Destination: Cooper Island  
 WP1: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
 WP2: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
 WP3: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
 WP4: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
 Total Distance: \_\_\_\_\_ ÷ Average Speed of 6 knots = \_\_\_\_\_ (Estimated Sailing Hours)  
 Pre-departure Checks Completed: \_\_\_\_\_ Time of Departure: \_\_\_\_\_ Time of Arrival: \_\_\_\_\_  
 Weather, Wind, and Sea Conditions: \_\_\_\_\_

Events and Highlights of the Day Today after sailing we  
went down to shore and garret showed  
us all his "side flip" then ended up  
falling on his back. Later Alex & Ben  
paddled out on the paddle boards and  
we did some people watching "I lost  
my wallet." At the end of the day  
we helped a camper out so he  
wasn't homesick # we love danny.  
Danny fits in like a glove.  
~~At we fit into the other boat~~

Curriculum Covered:  
(Sailing and True Course)

Today our crew did a great job of working together

We need to work on staying on task

Quote of the Day: "what's a boat"

Miracle Moment:

when Luca told us we  
had fruit loops

Need more room?

No problem...use the back of this page! Drawings are welcome too.

And don't forget to write about watersports, scuba diving, marine bio & community service!



Captain of the Day: Ben Klein Navigator: Annabelle Mate: Jaren  
 Port of Departure: Kap coopers Final Destination: The bite at Norman Island  
 WP1: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
 WP2: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
 WP3: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
 WP4: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
 Total Distance: \_\_\_\_\_ ÷ Average Speed of 6 knots = \_\_\_\_\_ (Estimated Sailing Hours)  
 Pre-departure Checks Completed: \_\_\_\_\_ Time of Departure: \_\_\_\_\_ Time of Arrival: \_\_\_\_\_  
 Weather, Wind, and Sea Conditions: \_\_\_\_\_

Events and Highlights of the Day We woke up to the boat beeping. The  
divers went diving. Then we dropped the ball. We then  
motored into the channel and raised our sails. We learned to fix tack  
and points of sails. Halfway through, everybody fell asleep. After dropping our  
sails we arrived at the bite. People went diving while others went snorkeling.  
In the afternoon we were supposed to go for a hike but we  
cancelled because of the partying Porto Ricans. After showers we chilled  
and waited for our Jerk Chicken. It was good even though they  
went different according to plan. The way to cook the chicken was  
misconstructed.

Curriculum Covered:  
(Sailing and True Course)

Today our crew did a great job of \_\_\_\_\_

We need to work on \_\_\_\_\_

Quote of the Day:

"Oh, those were plantains!"

Miracle Moment: "When Ben realized he ate a plantain not a banana"

Need more room?

No problem...use the back of this page! Drawings are welcome too.

And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: \_\_\_\_\_

Captain of the Day: Alex Navigator: Jared Mate: Elle  
Port of Departure: \_\_\_\_\_ Final Destination: \_\_\_\_\_  
WP1: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP2: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP3: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP4: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
Total Distance: \_\_\_\_\_ ÷ Average Speed of 6 knots = \_\_\_\_\_ (Estimated Sailing Hours)  
Pre-departure Checks Completed: \_\_\_\_\_ Time of Departure: \_\_\_\_\_ Time of Arrival: \_\_\_\_\_  
Weather, Wind, and Sea Conditions: \_\_\_\_\_

(Little harbor)

Events and Highlights of the Day Today started out with the at 8 o'clock.  
Breakfast was followed by a quick sail to Puerto Rico. Unfortunately, the Puerto Ricans were occupying the land. Instead we went to Peter Island. When we got to Peter Island, we went tubing and did other water sports. When we got hungry, we made rice crispy treats with marshmallows, which Luca mixed with ~~coconut~~ coconut milk. Then we played werewolf, which ~~was out to~~ <sup>was very</sup> conspicuously checked on the rice crispy's.

Curriculum Covered:  
(Sailing and True Course)

Today our crew did a great job of \_\_\_\_\_

We need to work on \_\_\_\_\_

Quote of the Day: "Wait, ~~are~~ are we in Puerto Rico?"  
"I sucked it in, and it got stuck on my little daughter!"

Miracle Moment: Ben being overkilled in werewolf  
Ben clearing up the spaghetti

Need more room?

No problem...use the back of this page! Drawings are welcome too.  
And don't forget to write about watersports, scuba diving, marine bio & community service!



Date: \_\_\_\_\_

Captain of the Day: Lana Navigator: Alex Mate: C+B  
Port of Departure: \_\_\_\_\_ Final Destination: \_\_\_\_\_  
WP1: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP2: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP3: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP4: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
Total Distance: \_\_\_\_\_ ÷ Average Speed of 6 knots = \_\_\_\_\_ (Estimated Sailing Hours)  
Pre-departure Checks Completed: \_\_\_\_\_ Time of Departure: \_\_\_\_\_ Time of Arrival: \_\_\_\_\_  
Weather, Wind, and Sea Conditions: \_\_\_\_\_

Events and Highlights of the Day The day started at 7:00, then we sailed to scrub island & did a deep clean of the boat so we could get our phones back. Then we had free time on scrub & everyone got food from the shops. After the gifts all went & were looking at tarpon for a long time then we all came back & ate loaded lunches & the played a game of Werewolf. & The hunter shot lunch with a musket

Curriculum Covered:  
(Sailing and True Course)

Today our crew did a great job of \_\_\_\_\_

We need to work on Focusing

Quote of the Day: Do you enjoy the family your in - Ben

Miracle Moment: land showers & kind Poops

Need more room?

No problem...use the back of this page! Drawings are welcome too.  
And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: \_\_\_\_\_

Captain of the Day: Lauren Navigator: Lana Mate: Garrett  
Port of Departure: \_\_\_\_\_ Final Destination: \_\_\_\_\_  
WP1: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP2: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP3: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP4: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
Total Distance: \_\_\_\_\_ ÷ Average Speed of 6 knots = \_\_\_\_\_ (Estimated Sailing Hours)  
Pre-departure Checks Completed: \_\_\_\_\_ Time of Departure: \_\_\_\_\_ Time of Arrival: \_\_\_\_\_  
Weather, Wind, and Sea Conditions: \_\_\_\_\_

Events and Highlights of the Day Today we dedocked from  
Scrub Island and had a hectic sail  
to Cane Garden Bay on Tortola. We  
had time to FAF<sup>10:30</sup> and had "cheese-  
infused" mac + cheese for lunch made  
by Ben. Then ~~was~~ all the boats met  
up for a social with Mega Fleet  
on shore. Then at boat meeting we ate all  
Ben scared me with his bellybutton our good  
since I have a phobia of snacks and  
them. spilled an  
entire jar of  
salsa while  
sailing.

Curriculum Covered:  
(Sailing and True Course)

Today our crew did a great job of working together

We need to work on communication

Quote of the Day: "im on cockpit" \*spills salsa\*

"BEN YOU'RE NOT SUPPOSED TO POUR CHEESE IN THE POT"

Miracle Moment:

when we successfully cleaned the  
salsa mid sail.

Need more room?

No problem...use the back of this page! Drawings are welcome too.  
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Date: \_\_\_\_\_

Captain of the Day: Jared Navigator: Anabelle Mate: Lauren  
Port of Departure: \_\_\_\_\_ Final Destination: \_\_\_\_\_  
WP1: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP2: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP3: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP4: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
Total Distance: \_\_\_\_\_ ÷ Average Speed of 6 knots = \_\_\_\_\_ (Estimated Sailing Hours)  
Pre-departure Checks Completed: \_\_\_\_\_ Time of Departure: \_\_\_\_\_ Time of Arrival: \_\_\_\_\_  
Weather, Wind, and Sea Conditions: \_\_\_\_\_

Events and Highlights of the Day Today, Meursault's crew woke up -approximately ten minutes late because my watch did not wake me up. This didn't make a large difference in the end because the Royal Navy Auxiliary was late. For the rest of the day, we snorkel and picked up trash. ~~After this, we went to the beach and had ice cream. On the way back to the boat, CB said "if I fall off the dock, I'll die". Contradicting what she said, she did not die. Ellie ended up falling off the dock as well. For the rest of the day, we relaxed and bonded as a boat.~~

Curriculum Covered:  
(Sailing and True Course)

Today our crew did a great job of \_\_\_\_\_

We need to work on \_\_\_\_\_

Quote of the Day: "If I fall off the dock, I'll die"  
-CB. "It's sad that I know..." "Said that you know he has funny way of checking"  
Miracle Moment: Ellie took a poop.

Need more room?

No problem...use the back of this page! Drawings are welcome too.  
And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: \_\_\_\_\_

Captain of the Day: Ellie Navigator: Ben Mate: Garrett  
Port of Departure: \_\_\_\_\_ Final Destination: \_\_\_\_\_  
WP1: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP2: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP3: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP4: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
Total Distance: \_\_\_\_\_ ÷ Average Speed of 6 knots = \_\_\_\_\_ (Estimated Sailing Hours)  
Pre-departure Checks Completed: \_\_\_\_\_ Time of Departure: \_\_\_\_\_ Time of Arrival: \_\_\_\_\_  
Weather, Wind, and Sea Conditions: \_\_\_\_\_

Events and Highlights of the Day Today Meursault's crew woke up to pancakes made by Ellie and CB. We then continued our morning at the dock nearby filling our water tanks because of Ben leaving the sink on all night. We then began our race day sail at 9:30AM and ended it at 3:30PM. The ~~hour~~ hour sail exhausted the crew. After the long sail, we swam and planned for the meeting of "Gordon Ramsay" which was later proven to be a joke but was still amusing despite. The end. → si!

Curriculum Covered:  
(Sailing and True Course)

Today our crew did a great job of \_\_\_\_\_

We need to work on \_\_\_\_\_

Quote of the Day:

"Smells like race day!"

Miracle Moment:

- When the boy's head got un-clogged  
- when Ellie and Ben did the cinnamon

Need more room?

No problem...use the back of this page! Drawings are welcome too.  
And don't forget to write about watersports, scuba diving, marine bio & community service!

challenge



Date: 8/1/78

Captain of the Day: CB Navigator: Ellie Mate: Alex  
Port of Departure: Mountain Point Final Destination: Levericks Bay  
WP1: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP2: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP3: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP4: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
Total Distance: \_\_\_\_\_ ÷ Average Speed of 6 knots = \_\_\_\_\_ (Estimated Sailing Hours)  
Pre-departure Checks Completed: \_\_\_\_\_ Time of Departure: \_\_\_\_\_ Time of Arrival: \_\_\_\_\_  
Weather, Wind, and Sea Conditions: \_\_\_\_\_

Events and Highlights of the Day today I woke up late and  
woke up Luka and Melissa so they would think  
I woke everyone else up. We almost crashed  
into Tonga after we raised our anchor and  
I also didn't know any of the answers to  
the questions Luka asked, that was not  
good. After that we tacked and it went  
really well but I lowkey wanted to cry.  
After that we practiced man overboard and we  
failed multiple times, so thats probably not  
great either. After sailing we did an amazing  
job docking and I was very proud of us,  
then we had some pizza after  
shopping and showering, Ben requested  
"fireworks" for Karaoke so that was  
interesting. Overall, it was interesting.

Curriculum Covered:  
(Sailing and True Course)

Today our crew did a great job of getting things done

We need to work on communication

Quote of the Day:

"my IQ is like time... slow."

Miracle Moment:

When CB didn't crash the boat and when we  
docked.

Need more room?

No problem...use the back of this page! Drawings are welcome too.

And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: \_\_\_\_\_

Captain of the Day: Garrett Navigator: CB Mate: Lana  
Port of Departure: \_\_\_\_\_ Final Destination: Marine Cay  
WP1: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP2: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP3: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP4: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
Total Distance: \_\_\_\_\_ ÷ Average Speed of 6 knots = \_\_\_\_\_ (Estimated Sailing Hours)  
Pre-departure Checks Completed: \_\_\_\_\_ Time of Departure: \_\_\_\_\_ Time of Arrival: \_\_\_\_\_  
Weather, Wind, and Sea Conditions: \_\_\_\_\_

Events and Highlights of the Day Today the Skipper, Navigator, and Mate  
woke up @ 6:50am to go to the staff boat for a New meeting.  
Since it was challenge day Luke, and Melissa could not help  
during the day. The crew only had 3 questions to ask but were  
idiotically used by certain members. After a relatively smooth  
dedocking we went the wrong way for a long time. The correction  
was soon made and we reached Marine Cay safely. Shortly after we  
took our Morning book longer than expected but after multiple  
attempts we finished. The day went through smoothly. Later on we  
took our crew tests.

Curriculum Covered:  
(Sailing and True Course)

Today our crew did a great job of Working together  
We need to work on Communication

Quote of the Day: "Cow cow sailed" "Are you driving home"  
"Cover your toes"

Miracle Moment:

Challenge Day

Need more room?

No problem...use the back of this page! Drawings are welcome too.  
And don't forget to write about watersports, scuba diving, marine bio & community service!



Date: 8/3/18

Captain of the Day: annabelle Navigator: gareth Mate: Lauren  
Port of Departure: Final Destination:  
WP1: Lat: Long: Course: Distance:  
WP2: Lat: Long: Course: Distance:  
WP3: Lat: Long: Course: Distance:  
WP4: Lat: Long: Course: Distance:  
Total Distance: ÷ Average Speed of 6 knots = (Estimated Sailing Hours)  
Pre-departure Checks Completed: Time of Departure: Time of Arrival:  
Weather, Wind, and Sea Conditions:

Events and Highlights of the Day Today we woke up @ 7 and then motored down to long bay and anchored. later we did the olympics and watch everyone struggle as put on ben's flippers. We did a dance in the water w/ our boat as we sang oga chach and Loha popped up in the middle. Then we ended the day w/ all the girls eating cherios on the bow, and spilling it everywhere.

Curriculum Covered:  
(Sailing and True Course)

Today our crew did a great job of working together  
We need to work on

Quote of the Day: "china number one"  
Miracle Moment: when we saw anton

Date: 8/4/18

Captain of the Day: Jared Navigator: Annabelle Mate: Ben  
Port of Departure: Long Bay Final Destination: Hodges Creek Marina  
WP1: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP2: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP3: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
WP4: \_\_\_\_\_ Lat: \_\_\_\_\_ Long: \_\_\_\_\_ Course: \_\_\_\_\_ Distance: \_\_\_\_\_  
Total Distance: \_\_\_\_\_ ÷ Average Speed of 6 knots = \_\_\_\_\_ (Estimated Sailing Hours)  
Pre-departure Checks Completed: \_\_\_\_\_ Time of Departure: \_\_\_\_\_ Time of Arrival: \_\_\_\_\_  
Weather, Wind, and Sea Conditions: \_\_\_\_\_

Events and Highlights of the Day The crew woke up to the  
sounds of the engine because we needed to motor  
to the baths. We then had amazing pancakes made  
by CB & Ellie. After breakfast, we swam a long  
distance to the baths, then explored them. We then  
snorkled around the island, but it was ~~swim~~ a long swim  
and no one brought their fins or masks. After nearly  
drowning, we jumped off a rock, then Luka came to  
our rescue in the and picked us up in the  
dinghy. Unfortunately, Alex had to swim the whole way back.  
We then ~~entered~~ ~~motor~~ motored to Fat Hogs Bay,  
fueled up, then motored to Cooper and deep cleaned the  
boat. After a long day, we headed to Hodges, got  
inspected, got our phones, ate dinner, and  
performed our skits.

Curriculum Covered:  
(Sailing and True Course)

Today our crew did a great job of \_\_\_\_\_

We need to work on \_\_\_\_\_

Quote of the Day:

"I dropped the fender..." "Are you serious?"  
-Ben & Luka.

Miracle Moment: When Ben didn't drown.

Need more room?

No problem...use the back of this page! Drawings are welcome too.

And don't forget to write about watersports, scuba diving, marine bio & community service!