



Early Alpha Ship's Log

For the Vessel

MIYOTTE

Her Captain:

ADAM +
KYGO

Her Mate:

TERENCE + ASHA

Her Faithful Crew:

Danny
Kendall
Abbie Kate
Maggie
Tara
Ella
Tim



• ~~unhappy~~ Don't - jumping in the air '06 -

Jana



2/11/06

Full Value Contract



mean-ness

Whining

ATTITUDE!

Arguing

Sand

Teamwork

Fun!!

Time-keeping

Good music
(Contest)

Scholarship

Passion

Kindness

Respect

be clean

Optimism

Non
negotiables



bad music
Crazy
Laziness

negativity

Agony

Abbie Kate
maggie

Kendall

dirty dishes

The Virgin Islands

NECKER ISLAND

VIRGIN GORDA

GREAT CAMANCHE ISLAND

WEST DOG

GREAT DOG

SCRUB

BEEF ISLAND

DRAKE CHANNEL

FALLEN JERUSALEM

ROUND ROCK

GINGER ISLAND

COOPER ISLAND

SALT ISLAND

PETER ISLAND

NORMAN ISLAND

ST. JOHN

FLANAGAN ISLAND

SIR FRANCIS

DEAD CHEST

JOST VAN DYKE

GUANA ISLAND

TORTOLA

WINDWARD PASS

ST. THOMAS

HANS LOLLIK

LITTLE TOBAGO

GREAT TOBAGO

UNITED KINGDOM

UNITED STATES



EXAMPLE PAGE

Captain of the Day: Alex Navigator: Mark Mate: Kristen
 Port of Departure: Soper's Hole, Tortola Final Destination: Little Harbor, Jost Van Dyke
 WP1: Soper's Lat: 18°23'3"N Long: 64°42'W Course: Distance:
 WP2: Thatch Is. Lat: 18°23.5N Long: 64°43'7"W Course: 283° Distance: 1.1
 WP3: Little Harbour Lat: 18°26.0N Long: 64°43'55"W Course: 005° Distance: 2.7
 WP4: Mooring Field Lat: 18°26.5N Long: 64°44'W Course: 345° Distance: 0.4
 Total Distance: 4.5NM ÷ Average Speed of 6 knots = .075 (Estimated Sailing Hours)
 Pre-departure Checks Completed: YES Time of Departure: 10:30AM Time of Arrival: 12 PM
 Weather, Wind, and Sea Conditions: sunny, 15 kts, gusty, 2ft seas

Events and Highlights of the Day The day began with Kristen, the mate of the day, playing everyone's favorite Irish jig. We all got up pretty quickly this morning because we were excited to practice our jibes on the way to Little Harbor. Plus, we had heard that the beach on Sandy Cay was beautiful! Jen and Heather made an awesome egg and cheese casserole for breakfast. After that we got underway and Will and Eric taught a hilarious lesson on Bernoulli's Principle. We thought the exciting part of our sail was over, but a pod of dolphins came up at the end and escorted us into the harbor! And as for the beach, it was even more BEAUTIFUL than everyone had said.

Curriculum Covered:
 (Sailing and True Course)
Winch Safety
Bernoulli's
Jibing Drills

Today our crew did a great job of winch safety and working together

We need to work on being on time and not interrupting

Quote of the Day:

"You've got nothing to lose except your lunch."--Sam

Miracle Moment:

When the dolphins played follow the leader with us. - Kristen

Need more room?

No problem...use the back of this page! Drawings are welcome too.

And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: June 8 2018

Captain of the Day: Adan Navigator: _____ Mate: _____
Port of Departure: Arrival Day Final Destination: Hodges Marlin
WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)
Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____
Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day Students Arrive! Getting to
know each other. 2 minute interviews - students
interview in pairs and report on interview
to whole group! Everyone very excited for program.

Curriculum Covered:
(Sailing and True Course)

Today our crew did a great job of Teaming
We need to work on Everything

Quote of the Day:

"Don't Break a toe"

Miracle Moment:

Early to sleep!

Need more room?

No problem...use the back of this page! Drawings are welcome too.
And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: JUNE 9

Captain of the Day: Kendall Navigator: Maggie Mate: AK
Port of Departure: _____ Final Destination: _____
WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)
Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____
Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day Today we woke up on
the docks ~~by~~ ^{& de-docked by} using our fantastic de-docking
skills. While sailing to Coopers beach AK, Danny,
& Ella getting sick. Meanwhile Tara had to
go on a miserable mud-run. Soon after
we arrived at Coopers and got to scuba
dive, lay out, &/or eat ice-cream. Coopers
had a beautiful view of gorgeous blue water
& amazingly white sand. Later we had
a great dinner, burritos, made by Ella,
Maggie, & Terence. At the end of the
night we cleaned the boat, discussed favorite
animals, & got to hear dove noises
by abbie Kate & goat noises by
Maggie.

Curriculum Covered:
(Sailing and True Course)

Raising main,

unfuriling jib,

tacking, & mooring,

Today our crew did a great job of sailing fast - 9 knots
We need to work on hooking

Quote of the Day:

"I have three goats named Ella, Maggie, & Pax - Terence"

Miracle Moment:

Getting in the water

Need more room?

No problem...use the back of this page! Drawings are welcome too.

And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: JUNE 10

Captain of the Day: Tim Navigator: AK Mate: Kendall
Port of Departure: _____ Final Destination: _____
WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)
Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____
Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day We woke up and had a
great breakfast. Divers went diving
for 6 hours. The other people went on
Grenade and went hiking. We saw
the salt pond. We got some troubles
about the Grenade's ~~the~~ anchor but
we fixed it in about an hour.
We went to the beach then. Most
of us got ~~sun~~ burned. Divers didn't
lost. AK and Maggie made super delicious
sauzy chicken. We gave Brad some
chicken and potatoes. We met a
terrible storm. It stopped
in an hour and a half. We
played Mafia games too

Curriculum Covered:
(Sailing and True Course)

Anchoring

Today our crew did a great job of eating the chicken
We need to work on time keeping

Quote of the Day:

It's Timmy

Miracle Moment:

floating

Need more room?

No problem...use the back of this page! Drawings are welcome too.
And don't forget to write about watersports, scuba diving, marine bio & community service!

胡俊峰/胡俊峰
Junming Tao

Captain of the Day: Danny Navigator: Kendall Mate: Timmy
 Port of Departure: Manchioneel Bay Final Destination: Little Harbor Bay
 WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 Total Distance: 6 miles ^{thru port canal} ÷ Average Speed of 6 knots = 1 hour (Estimated Sailing Hours)
 Pre-departure Checks Completed: ✓ Time of Departure: 9:15 Time of Arrival: 12:20
 Weather, Wind, and Sea Conditions: Sunny, Windy, Chappy

Events and Highlights of the Day For breakfast we had a great french
toast. Followed by a heavy rain. During the sail we did
3 jibes and 2 dives. Tara couldn't eat french
toast because she looks like a putter fish. We learned
how to anchor a manohaul. For lunch we had greek
pita. Maggie wiped out on a tube while Tara was
stuck in a doctors of five. We showered and ate
garlic bread, mush, stuff. We then hung up the
hammocks. The mush was scrumptious. The dive
was amazing and my first dive ever I saw a shark
while Tim was floating in a float. Ella saw a beautiful
lion fish and that was a first time for her. We just
hung out and chilled in the boat for
a while, then hung up the hammocks
and we all took and ate chocolate
covered cookies and pears.

Curriculum Covered:
 (Sailing and True Course)

Today our crew did a great job of sailing the ship and jibing
 We need to work on encouragement and work ethic.

Quote of the Day: "Diving" (supposed to be jibing)
"I look like an uncooked Rat, a sort chicken"

Miracle Moment: Tara's putter fish tale

Need more room?

No problem...use the back of this page! Drawings are welcome too.
 And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: 12/06/2018

Captain of the Day: Tara Navigator: Timothy Mate: Danny
Port of Departure: Little Harbour Bay Final Destination: The Bight
WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
Total Distance: knots 4 ÷ Average Speed of 6 knots = 0.6 h (Estimated Sailing Hours)
Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____
Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day We ate amazing pancakes made by Maggie and Abby Kate. Then, we sailed, Tara was skipper. While we were sailing everyone got to sit on the edge of the boat. Timmy hurt his foot and Tara's face got better. While Asha was figuring out how to work the dingy, she spun around and popped the floatie. Another floatie floated away and Abby Kate had to swim very far to get it. Luckily, a fellow crew member on another boat jumped and got the floatie so that Abby Kate didn't have to swim to the Atlantic Ocean for the floatie. The Bight was very windy ~~so~~ ~~the~~ the people in hammocks were swinging a lot and some even went downstairs to sleep.

Curriculum Covered:
(Sailing and True Course)
Right of way
rules

Today our crew did a great job of Killing floaties
We need to work on cleaning

Quote of the Day:

"YEAH" "My finky winy hurts" "Look at this face & tell me no"

Miracle Moment:

Fellow Crew member jumped on floatie for Abby Kate.

Need more room?

No problem...use the back of this page! Drawings are welcome too.

And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: 06/13/2018

Captain of the Day: ella Navigator: Danny Mate: Tara
Port of Departure: The Bight Final Destination: Nanny Cay Moring
WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
Total Distance: 6 knots ÷ Average Speed of 6 knots = 1 hour (Estimated Sailing Hours)
Pre-departure Checks Completed: X Time of Departure: _____ Time of Arrival: _____
Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day The day started off with a great breakfast with eggs and bagels. We got ready and went for a sail to Nanny Cay. The divers went on a dive while the rest of the people went to the grocery store. Docking the boat took a while, but we got it. We finally got amazing, warm, clean showers. Our phones were given back for 45 minutes. For dinner we had delicious chicken broccoli alfredo and went to socialize with other boats after. Graf taught us 3 dances - the jellyfish dance, princess pat, & the rain dance. Then we went back to the boat.

Curriculum Covered:
(Sailing and True Course)

Sail parts

Today our crew did a great job of docking
We need to work on communication

Quote of the Day: "I have a ouiji board and I talk to people."
"Abbie kates"

Miracle Moment: showers

Need more room?

No problem...use the back of this page! Drawings are welcome too.

And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: 06/14/2018

Captain of the Day: Maggie Navigator: Tara Mate: Ella
Port of Departure: Nanny Cay Final Destination: Diamond Cay
WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)
Pre-departure Checks Completed: X Time of Departure: _____ Time of Arrival: _____
Weather, Wind, and Sea Conditions: Sunny & calm

Events and Highlights of the Day The day started off with a breakfast
buffet with eggs, bagels, and yogurt. We then sailed and learned
how to save an overboard person. Well, we tried but we
missed Derek and then ran over him, killing him. After
Derek died, we went to anchor. After, we went on a
hike and picked up so much trash. After coming
back we ate, did workouts, and swam. Then we
made chili for the "chilians" and our theme was
Greek. We laughed so hard at the Chilians and
finally we looked at Carpen and the Stars.

Curriculum Covered:
(Sailing and True Course)
Man over board

Today our crew did a great job of Communication
We need to work on Saving people better

Quote of the Day:

"You Killed Derek!" - "It was a group effort!"

Miracle Moment:

When Derek was found.

Need more room?

No problem...use the back of this page! Drawings are welcome too.
And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: _____

Captain of the Day: Appie Kate Navigator: ella Mate: maggie
Port of Departure: Diamond Cay Final Destination: Marina Cay
WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
Total Distance: 10.5 miles Average Speed of 6 knots = 5 hrs (Estimated Sailing Hours)
Pre-departure Checks Completed: ☒ Time of Departure: 1:15 Time of Arrival: _____
Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day Wow what a day! Today was challenge day and it was quite interesting. For breakfast we had breakfast burritos and they were delicious! Then we dropped the ball and headed to Sandy Cay. The most beautiful beach in the BVIs! After we had yummy grilled cheeses and tomato soup for lunch. Next we went on a 5 hour sail to Marina Cay. The sail was beautiful & we listened to A LOT of Country music. And I (Appie Kate) got a little distracted because the sail was so amazing, but we eventually made it! We had some ~~snacks~~ snacks before dinner. Then we had jerk chicken that we ate with BBQ and/or teriyaki sauce. It was an amazing day one that we will never forget.

P.S. Timmy gives this shlog on A+

Curriculum Covered:
(Sailing and True Course)
How to work on our own

Today our crew did a great job of Being independent
We need to work on Making ball

Quote of the Day: "It's a ding-her" (dinghy)

Miracle Moment: When we actually made it to Marina Cay

Need more room?

No problem...use the back of this page! Drawings are welcome too.
And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: _____

Maggie S.

Captain of the Day: Kendall S Navigator: ~~AK~~ H. Mate: AK H.

Port of Departure: _____ Final Destination: _____

WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____

Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)

Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____

Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day The morning started off with a good laugh b/c Timmy had lots of chores. We then ate a b-fast buffet served by Timmy & AK. After we motored to Treles Bay & attempted mooring ball pick-up multiple times, making Danny mad. After we finally picked up a ball we went on shore & got T-shirts, jewelry, & food. We also took a truck ride across Tortola & stopped for great Gelato. When we got back to the boat AK & Kendall made pasta salad. Today we tried something new & switched boats. ~~The~~ The girls got to meet other Alpha girls, same w/ guys. Lastly we all came back to our boat w/ a broken table & made cake.

Curriculum Covered:
(Sailing and True Course)

None.

Today our crew did a great job of communication

We need to work on ~~our~~ temper

Quote of the Day: "all theres a fish in the ocean" "Don't get your da
"Ahhhhhhh" - Kygo *screaming at fish hitting boat.* on
cal

Miracle Moment:
Danny, charlie, & their girls talking on boat radio.

Need more room?

No problem...use the back of this page! Drawings are welcome too.

And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: _____

Captain of the Day: Jimmy Tai Navigator: A-K Mate: Kendalls
Port of Departure: _____ Final Destination: _____
WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)
Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____
Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day We woke up and
our dinghy broke, That's great.
We have a great breakfast.
That's great. Divers went diving.
That's great. We had great lunch.
That's great. We ~~forgot~~ wasted
hour or more sailing to a great
island. Tara slept AK slept.
Maggie was awake. Kendall was
usually downstairs. Danny got a
new name — Hoony!! That's
great. AK and Tara casted spells.
Some of us went for raiding.
That's such a great
day.

Curriculum Covered:
(Sailing and True Course)

None

Today our crew did a great job of _____

We need to work on _____

Quote of the Day:

That's great.

Miracle Moment:

When we go to ^{great} land

Need more room?

No problem...use the back of this page! Drawings are welcome too.

And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: June 18

Captain of the Day: Danny Navigator: Kendall Mate: Timmy
Port of Departure: Levrick's Final Destination: Deadmans
WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)
Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____
Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day Today was a very eventful
day. We all had a great time. ~~It~~ We had a breakfast
buffet with all the other normal foods. After that
ella and Tara went scuba diving, the rest of us went
snorkeling at Levrick's and we didn't see that much.
After that we sailed to Deadmans and then we ate lunch.
We later learned that Asma has talked to be tance.
After lunch we all had a great time. ~~and~~ I went
to finteret to hang out with my friends while
Tim chilled for a hot minute. Abby Kate and ella
and Maggie and Kendall went tubing. I was the 1st
Abby Kate wipe out hard on the wake board
but she did very well on the second try.
So today was an overall great day
for everyone and we all had fun.
Tim was being very funny

Curriculum Covered:
(Sailing and True Course)

Today our crew did a great job of _____

We need to work on _____

Quote of the Day: The 25th time you have a kid would be like
using the bathroom.

Miracle Moment: getting back to the

Need more room?

No problem...use the back of this page! Drawings are welcome too.
And don't forget to write about watersports, scuba diving, marine bio & community service!

Captain of the Day: ella Navigator: timmy Mate: danny
 Port of Departure: deadmans bay Final Destination: long bay
 WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
 Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)
 Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____
 Weather, Wind, and Sea Conditions: _____

Events and Highlights of the Day We started off the day
with a great breakfast buffet. then we
got ready for RACE DAY. we started off
super strong and ended super strong.
it was a close race, but we got 2nd
place by only a couple seconds. it was
a tough loss, but we got through it.
then we had lunch and did notseats
which was very fun. we went to
shore for early olympics. we did
dizzy fender, sand castles, tug of war,
and synchronized swimming. we won
none of them b/c we were
kind of off our game, but our
flag definitely won. then
we hung out on shore & had a
jummycoconut. racing
 Today our crew did a great job of _____
 We need to work on tug of war

Curriculum Covered:
 (Sailing and True Course)

Quote of the Day: "What is your ideal height
 and weight?" "dingHEYYY"

Miracle Moment: the whole race & our flag

Need more room?

No problem...use the back of this page! Drawings are welcome too.
 And don't forget to write about watersports, scuba diving, marine bio & community service!

Date: JUNE 20

Captain of the Day: Danny Navigator: _____ Mate: _____
Port of Departure: Long Bay Final Destination: Hodges via the Baths
WP1: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP2: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP3: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
WP4: _____ Lat: _____ Long: _____ Course: _____ Distance: _____
Total Distance: _____ ÷ Average Speed of 6 knots = _____ (Estimated Sailing Hours)
Pre-departure Checks Completed: _____ Time of Departure: _____ Time of Arrival: _____
Weather, Wind, and Sea Conditions: Windy + cloudy

Events and Highlights of the Day This morning we had
an early wakeup. We woke up at the
Baths and had breakfast before going
to shore. On shore we learned
about the rock formation and
then walked through to Devil's Bay
and snorkel back. We had lunch
at the Baths. We all had fun and jumped off the
rock and it was a blast. It was sad saying goodbye for
almost the last time but ~~that~~ we had to
we will all miss this trip and our friends we made
here. ~~but~~ But we all had fun and a great time
here. We went through coral and rocks
and jumped off rocks into the
ocean.

Curriculum Covered:
(Sailing and True Course)

Today our crew did a great job of docking!

We need to work on _____

Quote of the Day:

Miracle Moment:

Need more room?

No problem...use the back of this page! Drawings are welcome too.
And don't forget to write about watersports, scuba diving, marine bio & community service!